



Nursery RSE Learning

Module One: Created and Loved by God (Ten Ten)
Everyone is made in the image and likeness of God. It is important to value ourselves and this supports our relationships.

Module Two: Created to Love Others (Ten Ten)
Everyone has been created out of love for love. It is important to take this calling into our family, friendships and relationships. There are strategies that can help build relationships.

To know that bullying is wrong and unacceptable.

Personal Relationships

Identify special people and what makes them special.

To know the importance of family and how they can help.

Me, My Body, My Health

Our bodies are good.



How behaviour can affect other people.

We are each unique, with individual gifts, talents and skills.

Name parts of my body.

Our bodies are good and we need to look after them.

Recognise when being unkind and to say sorry.

Understanding we have similarities and differences.

Learning a healthy lifestyle includes exercise, diet, sleep and personal hygiene.

Learning about safe and unsafe situations outdoors and indoors.

Keeping Safe



Emotional Well-being

Each person has different likes and dislikes but also similar needs (to be loved, respected, safe).

Life Online

The internet connects us to others and helps us in lots of ways.

Everyone is entitled to bodily privacy.

Identify the people who help us.

Use language to describe feelings and understand them.

Simple strategies for managing feelings.

Understand that there are positive and negative aspects to using the internet.

Know that medicines should only be taken when a trusted adult gives them to us.

Understanding how feelings can affect actions, and actions have consequences.



Life Cycles

Know there are life stages from birth to death.

Describe how they have grown and changed so far.

Understand safe and unsafe situations online.

Identify people who do jobs to help us.

Know they can ask for help from their special people.

Know what to do in an emergency and to know how first aid can be used.



Nursery RSE Learning

Module Three: Created to Live in Community (Ten Ten)
Explores individual's relationship with the wider world. Human beings are relational by nature and everyone is called to love others in the wider community through service, dialogue and through working for the Common Good.



God is love: Father, Son and Holy Spirit.

Religious Understanding

Learn about being made in God's image means being called to be loved and to love others.

Living in the wider world

Learn we belong to various communities.

Learn what a community is, and that God calls us to live in community with one another.

Learn about the importance of living in a community.

Learn about what can be done to help the world.

Know what different tasks that could be done to help at home.



Children will hear and experience the story of creation, where God created the earth, sea, stars, plants, animals and humans. Learning how all God's children are special.