

Week 1

Week starting:
4/7/22, 5/9/22, 26/9/22,
17/10/22, 7/11/22,
28/11/22, 19/12/22

MONDAY
Vegan Topped Margarita Pizza served with Potato Wedges, Baked Beans & Veggie Sticks

THURSDAY
Slow Cooked Beef in Gravy or Vegan Quorn in Gravy served with Mashed & Roast Potatoes, Broccoli & Carrots

TUESDAY
Homemade Cottage Pie or Vegetable Cottage Pie served with Carrots, Broccoli & Gravy

FRIDAY
Sliced Ham or Quorn Fishless Fingers served with Chipped Potatoes, Sweetcorn, Peas or Baked Beans

WEDNESDAY
Home Baked Chicken Neapolitan Pasta Bake or Vegetable Neapolitan served with Peas & Sweetcorn

Week 2

Week starting:
11/7/22, 12/9/22, 3/10/22,
24/10/22, 14/11/22,
5/12/22, 26/12/22

MONDAY
Vegan Cheese Topped Tomato & Basil Pasta Bake served with Carrots & Peas

THURSDAY
Roast Turkey Or Vegan Quorn Sausages served with Roast & Mashed Potatoes, Cabbage, Carrots & Gravy

TUESDAY
Chicken Burger served with Potato Wedges & Veggie Sticks or Jacket Potato with Various Fillings

FRIDAY
Quorn Dippers served with Chipped Potatoes, Sweetcorn or Baked Beans

WEDNESDAY
Homemade Beef Bolognese or Vegetable Bolognese served with Pasta & Seasonal Vegetables

Week 3

Week starting:
18/7/22, 19/9/22, 10/10/22,
31/10/22, 21/11/22,
12/12/22, 2/1/23

MONDAY
Vegan Cheese Topped Tomato & Basil Pasta Bake served with Carrots & Peas

THURSDAY
Roast Chicken Fillet or Vegan Quorn Fillet served with Mashed Potatoes, Green Vegetable Medley & Carrots

TUESDAY
Chicken Burger served with Chipped Potatoes, Peas & Sweetcorn or Jacket Potatoes with Various Fillings

FRIDAY
Sliced Ham or Fishless Fingers served with Chipped Potatoes, Baked Beans or Peas, Sweetcorn & Veggie Sticks

WEDNESDAY
Homemade Beef Bolognese or Vegetable Bolognese served with Pasta, Peas & Broccoli

Go to www.food.gov.uk/ratings to find out the Food Hygiene rating of our schools



Welcome to our September 2022 ALLERGEN MENU

Milk Free Cookies, Fresh Fruit or Jelly available daily

Jacket Potatoes with Ham, Beans or Vegan Cheese available daily as an alternative to the main meal of the day

Allergen information to accompany this menu is provided to staff for distribution upon request
Please contact us if your child has specialist dietary needs; we aim to provide a healthy balanced school meal for every pupil